



Teen Summer Outings Lunch and Bowling Ages 14-18

Ready for some fun? Come join Dr. Patrick for some fun this summer at Tigard Bowl. This activity based camp will offer teens a unique opportunity to learn and practice social skills in a supportive, yet real world environment. This summer camp will help your teen build confidence, self-esteem, and develop valuable social and relationship skills.

This is a great chance to practice:

- Increased independence
- Conversational skills
- Problem solving and negotiating
- Good sportsmanship
- Personal space and body awareness
- Making new friends
- Having FUN!

11:00 am to 1:00 pm

Pick one day or both days. It's up to you!

- **July 10th (\$75)**
- **August 14th (\$75)**

For more information, visit our website at www.nhws.us or call us at (503) 352-0240.

New Horizons Wellness Services

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