



Many people have asked about the status of our Social Skills Groups for Winter 2023. The social skills program has been a component of the services offered at our clinic for many years. Please note that New Horizons Wellness Services will not be leading our standard social skills groups between January and April 2023. During this time, our team will be determining how to best meet the needs of our clients and address the many challenges related to running an in person group in a health care setting in the time of COVID 19 and other illnesses. As our plans are in place, we will send out updates to you regarding schedules for Social Skills Groups for Spring 2023. Please note that NHWS will still be offering Peer Speech Therapy in Winter 2023. Here's the details

### **2023 Winter Peer Speech Therapy Schedule**

Join us for peer speech sessions! This intervention is run by a Speech-Language Pathologist and brings together 2-4 children once a week for 7 weeks. Each session will focus on improving speech sound production accuracy, as well as social communication skills related to being a part of a group. Children whose primary growth area in communication is accuracy in speech articulation will be well suited to join this group. Group members will have the opportunity to learn from others who have similar communication needs, increase their articulation skills, and practice social skills such as sharing and taking turns. Kids who are not already receiving speech therapy at NHWS require an initial assessment. Groups may be covered by insurance.

#### **7 weeks of sessions:**

**TUESDAYS** 5:00-6:00 PM Ages 5-7 DATES: January 10,17,24,31 and Feb 7,14,21

**THURSDAYS** 5:00-6:00 PM Ages 3-5 DATES: January 12,19,26 and Feb 2,9,16,23

### **Call (503) 352-0240 for more information**

New Horizons Wellness Services, LLC is a multidisciplinary clinic specializing in providing occupational and speech-language therapy, social skills groups, psychological evaluations, and counseling services for children, adolescents and adults. We are not in network with Oregon Health Plan and do not bill Medicare, Medicaid or Workman's Compensation.