

2023 Spring Social Skills Group Schedule

Here at New Horizons Wellness Services, we offer a range of social skills groups depending on the child's age and skill level. These groups are designed to teach critical social skills that your child is having difficulty picking up in their natural environment. In group, they learn these skills in an environment that's structured, but feels natural. The idea is to generally recreate the conditions of everyday life to prepare them for social situations.

TUESDAYS	4:30-5:30	DATES: 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6 (8 Weeks)	Ages 8-10
WEDNESDAYS	4:30-5:30	DATES: 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31, 6/7 (8 Weeks)	Ages 11-13

Social Skills This psychologist-led group focuses on friendship, reducing anxiety, improving the ability to manage feelings of frustration, and building confidence. Lessons and hands-on activities help participants practice self-reflection, self-management, and social skills.

2023 Spring Peer Speech Therapy Schedule

MONDAYS **5:00-6:00** **DATES: 8/35 ; 09/36 8/09 35/09 3< 09/35 9/09 36/09 39/09 35/6** (8 Weeks) **Ages 6-8**
No meeting on Memorial Day 5/29

THURSDAYS **5:00-6:00** **DATES: 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31, 6/7** (8 Weeks) **Ages 9-12**
This Speech Therapy intervention brings together 2-4 children to focus on play and language skills. Children will play with their peers to learn how to take turns, share, give, and request.

MONDAYS **11:00-12:00** **DATES: 8/35 ; 09/36 8/09 35/09 3< 09/35 9/09 36/09 39/09 35/6** (8 Weeks) **Ages 3-5**
No meeting on Memorial Day 5/29

This Speech Therapy intervention brings together 2-4 children to focus on improving speech sound production accuracy, as well as social communication skills required to be successful in peer interactions. This is a great fit for children whose primary growth area in communication is accuracy in speech articulation. Participants will have the opportunity to learn from others who have similar communication needs, increase their articulation skills, and practice social skills such as sharing and taking turns.

An initial assessment is required for participants new to the clinic.

Fees are \$1000 for the 8 week session cycle and include the opportunity to have a 30 minute private consultation with the provider following the last session.

Call (503)352-0240 for more information or email contact@nhws.us

New Horizons Wellness Services, LLC is a multidisciplinary clinic specializing in providing occupational therapy, speech-language pathology, social skills groups, psychological evaluations, and counseling services for children, adolescents and adults. We are not in-network with commercial insurance. We also do not accept Federal or State funded insurance plans. .