

2024 Summer Social Skills Program Schedule

Social Skills Group

Cycle 1: DATES 7/10, 7/17, 7/24, 7/31

Wednesdays 3:30-4:30 PM: Ages 8-11

Cycle 2: DATES 8/7, 8/14, 8/21, 8/28

5:00 - 6:00 PM: Ages 12-14

Sign up for one cycle, or for both. This Social Skills group focuses on helping participants develop friendship skills, reduce social anxiety, improve the ability to manage feelings of frustration, and build confidence in social situations. Lessons and hands-on activities are used to help kids practice self-reflection, self-management, and social skills. This group is designed to teach critical social skills that your child is having difficulty picking up. An initial assessment is required for participants new to the clinic. **Cost:** \$125/group session, may be insurance reimbursable (4 week group cycle and 30 minute parent consultation following last group session). Facilitator: Dr. Patrick Ethel-King, Ph.D.

Social Play Club

Cycle 1 DATES : 7/9, 7/16, 7/23, 7/30

Tuesdays 3:30-4:30 PM: Ages 4-6

Cycle 2: DATES 8/6, 8/13, 8/20, 8/27

5:00 - 6:00 PM: Ages 6-8

Sign up for one cycle or for both.

Club for 4-6 year olds will focus on kindergarten readiness! Facilitated play including a focus on participating in classroom routines, communication skills, fine motor skills, early academic skills, and social skills.

Club for 6-8 year olds will focus on helping children to gain skills required to be successful in peer interactions. Through multisensory play, stories, games, arts & crafts and music kids are supported as they use self regulation and gain awareness of others.

Strategies and suggestions for parents are provided to aid carry-over. If your child is not attending Occupational Therapy sessions at NHWS, we will complete a brief free screening to determine if this program is a good match for your child. This club is not eligible for reimbursement through insurance. Fee for 4 sessions is \$220 due at the first session. Facilitator: Melodie Ethel-King OTR/L

“Adulting” Life and Social Skills Club

Tuesdays (8 Weeks) DATES: 7/9, 7/16, 7/23, 7/30, 8/6, 8/13, 8/20, 8/27

Virtual Meetings

6:30 - 7:30 PM

Ages 18-23

This online club is ideal for transition age young adults who want to feel successful and independent in the skills needed for adulthood. We will use step by step goal setting and structured social interactions in this interactive online club. Participants work to gain insight and perspective taking skills. Participants who are not already receiving services at NHWS, will complete a brief free screening prior to the first meeting to determine if this program is a good match. Cost: \$440 for each 8 session cycle. This club is not eligible for reimbursement through insurance. Facilitator: Melodie Ethel-King OTR/L

Call (503)352-0240 for more information or email contact@nhws.us