



Playground Sports Camp Ages 8-12

This is a one-of-a kind camp that offers children outdoor experiences and physical activity with peers under the supervision of our psychologist. Camp goers will have the opportunity to participate in a variety of activities and sports that focus on cooperation and teamwork, skill building, sportsmanship, coordination, and endurance. Playground sports camp will allow participants to learn the importance of working together as a team and have fun while making new friends. Themed days will highlight each week.

Our unique camp offers practice in:

- Using self control
- Dealing with disappointment
- Conflict resolution
- Problem solving and negotiating
- Cooperation and teamwork
- Improving self-confidence and self-esteem
- Having FUN!



Offered 3 weeks from 8:30 a.m. to 11:30 a.m.

July 9th to 13th (\$350)

August 6th to 10th (\$350)

Lunch Bunch Option -11:30 a.m. to 12:30 p.m.

Pack your own lunch and join our staff for lunch. (\$10/per day)

For more information visit our website at www.nhws.us or contact us at (503) 352-0240.

New Horizons Wellness Services, LLC - 9400 SW Beaverton-Hillsdale Hwy # 210 - Beaverton, OR 97005

